

100% cured! I cannot believe that just over a year ago you would not have got me over the doorstep of a dental surgery let alone sit in the dentist's chair but just after Easter 2011 my fears were finally overcome. Needs must I told myself when I snapped one of my high teeth right at the top near to my gum. I hadn't visited the dentist for about 8 years and I knew there was a lot of major work that needed to be done.

I trawled the internet to try and find a dentist who was understanding and sympathetic with nervous patients .Panic swept over me but I knew that the time had come for me to try to conquer the paranoia which I had succumbed to.

You might ask why 'THE WHITEFIELD DENTAL PRACTICE'. The website said that Dr Q was very good at putting nervous patients at ease. It was that very first call when I spoke to Carol one of the dental receptionists. She was so professional and understanding and let me waffle on about my irrational fear. She answered all my questions with sympathy and suggested I make an appointment to see the dentist purely for a chat so actually sitting down in the chair was my first hurdle. Dr Q and her team were fantastic. Over a year I had major work done on my teeth including extractions, fillings, a temporary plate and last but not least implants.

Dawn and Lisa, both the dental nurses always made me feel relaxed and comfortable, but more importantly Dr Q was amazing! She was so caring and kind and never once made me feel like an idiot. Her calm and cooling attitude got me through!

I would like to thank the whole team at the WHITEFIELD DENTAL PRACTICE for the biggest and brightest smile, but more than that I would like to thank them for getting me over my 'DENTAL PHOBIA'!

CAROL GRUBB.